



# **SOUTH COUNTY LL 2026 SAFE SUMMARY**

**League Location:** Lorton, VA

**League ID:** 3460904

# **SOUTH COUNTY LL 2026 SAFE SUMMARY**

Dear Volunteers, Parents/Guardians, and Players:

SOUTH COUNTY LL is committed to providing a safe, welcoming environment where every player, volunteer, and family feels supported. Safety is an important part of every season, and we believe it is a shared responsibility that helps everyone enjoy the game with confidence and peace of mind.

As part of Little League SAFE, our league has confirmed the steps we take to protect children, prepare volunteers, and maintain safe facilities and playing conditions. From equipment checks and emergency planning to strong child protection practices and volunteer training, our goal is to create a positive, fun, and secure experience for every participant.

Thank you for being part of a community that puts kids first and works together to help ensure a safe, memorable Little League season.

Sincerely,

SOUTH COUNTY Little League Board of Directors

# LEAGUE LEADERSHIP AND CONTACTS

Keeping contact information up to date helps volunteers know exactly who to reach when questions or safety concerns arise.

## Primary Contacts

### Christina Cashman

League President

[southcountypresident@gmail.com](mailto:southcountypresident@gmail.com)

[703-980-2130](tel:703-980-2130)

### Derek Tate

League Safety Officer

[derektate@gmail.com](mailto:derektate@gmail.com)

[719-331-2285](tel:719-331-2285)

### Andi Smith

District Administrator

[d9vada@gmail.com](mailto:d9vada@gmail.com)

### Liz Mack

District Safety Officer

[clcmack@verizon.net](mailto:clcmack@verizon.net)

**Best Practice:** Share a simple "Who to Contact" list with managers, coaches, and volunteers so everyone knows where to go for help during the season.

## Additional information provided by your league:

Preferred point of contact is [safety.officer@scllva.org](mailto:safety.officer@scllva.org)

# CHILD PROTECTION

Little League requires every chartered league to follow a set of core child protection policies to help keep children safe. Protecting players is our highest priority, and these policies ensure volunteers understand their responsibilities both on and off the field.

**Your league has confirmed that all of the following policies are in place:**

## 1. Annual Background Checks

SOUTH COUNTY LL confirms that all volunteers with regular contact with players complete annual background checks through J.D. Palatine (JDP), as required by Little League Regulation I(c) 8 and 9. Anyone with a disqualifying offense is prohibited from participating in any Little League activity. Background check laws vary across the country, and any additional requirements that apply to your league can be found at <https://www.littleleague.org/player-safety/child-protection-program/state-laws-background-checks-leagues/>. Your league is responsible for understanding and complying with any applicable state laws regarding background checks.

## 2. Annual Abuse Awareness Training

SOUTH COUNTY LL requires all volunteers to complete the Little League Abuse Awareness Training each year before assuming any duties. This training helps volunteers recognize, prevent, and respond to misconduct and abuse. Little League Abuse Awareness Training can be found at <https://www.littleleague.org/university/articles/abuse-awareness-training-course/>

## 3. Mandatory Reporting of Child Abuse

SOUTH COUNTY LL acknowledges that all volunteers are mandatory reporters under federal law and must report suspected child abuse, including sexual abuse, to the proper authorities within 24 hours. Reports should also be shared with the League President and District Administrator. State reporting requirements vary, and any laws that apply to your league can be found at <https://www.littleleague.org/player-safety/child-protection-program/state-specific-information-child-abuse/>. Your league is responsible for understanding and complying with any applicable state laws.

## 4. Non-Retaliation Policy

SOUTH COUNTY LL has adopted a policy that prohibits retaliation against anyone who makes a good-faith report of suspected abuse or misconduct. This ensures volunteers feel safe coming forward with concerns.

## 5. One-on-One Interaction Policy

SOUTH COUNTY LL has adopted the Little League One-on-One Interaction Policy, which requires that all interactions between adults and minors be observable and interruptible by another adult. This reduces opportunities for misconduct while still supporting positive mentoring relationships.

**Best Practice:** Reinforce child protection expectations clearly and consistently so volunteers know what to do and who to contact.

- Review expectations with all volunteers at the start of each season.
- Make reporting steps clear and easy to follow.
- Keep child protection policies easily accessible.

**Child Protection Resources:**

- Little League Abuse Awareness Training (<https://www.littleleague.org/university/articles/abuse-awareness-training-course/>)
- Full Little League Child Protection Program (<https://www.littleleague.org/player-safety/child-protection-program/>)
- State-Specific Background Check Laws (<https://www.littleleague.org/player-safety/child-protection-program/state-laws-background-checks-leagues/>)
- State - Specific Mandatory Reporting Laws (<https://www.littleleague.org/player-safety/child-protection-program/state-specific-information-child-abuse/>)
- J.D.Palatine(JDP) Background Checks (<https://www.littleleague.org/player-safety/child-protection-program/local-league-background-check-information/>)
- USA Baseball – Abuse Awareness Resources (<https://usabdevelops.com/page/4834/base>)
- U.S.Center for SafeSport – Reporting and Education (<https://www.littleleague.org/player-safety/child-protection-program/safesport-resources-parents/>)
- ChildHelp National Child Abuse Hotline (1-800-4-A-CHILD)

# EMERGENCY PREPAREDNESS

Being prepared for unexpected situations helps keep players, volunteers, and families safe. The information below highlights the emergency procedures and contacts in place during all league activities.

## Emergency Contacts

- In any emergency situation, volunteers should immediately **call 911**
- Poison Control is also available nationwide at **1-800-222-1222**

## Emergency Action Plan

Emergencies can happen when you least expect them. A clear and accessible EAP helps volunteers respond quickly, communicate effectively, and take the right steps to keep players and families safe.

SOUTH COUNTY LL has an Emergency Action Plan in place. Regularly reviewing this plan with volunteers and players helps ensure everyone knows how to respond quickly and confidently during an emergency.

**Additional information provided by your league:**

## Process for Determining Weather-Related Closure at SCLL

The SCLL Board Member on Duty is responsible for stopping play and is the only person who can determine when play can resume. Coaches or umpires are not able to devote the attention needed to adequately monitor conditions. The Board Member on Duty must know the plan's guidelines and be empowered to assure that those guidelines are followed.

SCLL League uses the WeatherBug Lightning and Weather Safety Mobile App as the lightning detector to determine when it is unsafe to start or remain on the fields.

SCLL will always err on the side of safety when deciding whether to stop play.

## AED and Location (SCLL Concession Stand)

Automated External Defibrillator is a medical device designed to analyze the heart rhythm and deliver an electric shock to victims of ventricular fibrillation to restore the heart rhythm to normal. This AED and complete CPR Responder Kit will be located on the side of the Concession Stand in a Wall storage cabinet clearly marked AED. All board members and Coaches are to ensure they know the location of the AED. Each Team should identify a coach or parent that is trained in CPR and AED. Training will be provided if no members are trained. Safety Officer will make inspections by monthly and maintain the AED for any needs or replacements.

## What to Report

An incident that causes any player, manager, coach, umpire, or volunteer to receive medical treatment and/ or first aid must be reported to the Safety Officer. This includes even passive treatments such as the evaluation and diagnosis of the extent of the injury or periods of rest. In addition, any behavior that violates the Little League Abuse Awareness guidelines must be reported immediately.

## When to Report

All such incidents described above must be reported to the Safety Officer within 48 hours of the incident. The Safety Officer for 2026 is Derek Tate, and he can be reached at the following:

Cell: (719) 331-2285 or Email: [safety.officer@scllva.org](mailto:safety.officer@scllva.org)

## How to Make the Incident Reports

Report incidents directly to the Safety Officer via email. At a minimum, the following information must be provided:

The name and phone number of the individual involved.

The date, time, and location of the incident.

As detailed a description of the incident as possible.

The preliminary estimation of the extent of any injuries.

The name and contact information of the person reporting the incident.

**Emergency Preparedness Resources:**

- Little League Lightning & Severe Weather Safety Guidelines  
(<https://www.littleleague.org/university/articles/staying-safe-from-lightning-at-the-field/>)

# FIRST AID & INJURY PREVENTION

A prepared volunteer is better equipped to respond when injuries or medical situations occur. Below is an overview of the first aid training, equipment, and safety practices in place for the season.

## First Aid Training

First aid training helps volunteers respond effectively when injuries or emergencies happen. These trainings reinforce skills such as:

- Treating minor injuries
- Managing bleeding and nosebleeds
- Recognizing potential fractures or serious injuries
- Identifying head-injury symptoms
- Responding to heat-related illness
- Treating allergic reactions
- Knowing when to call 911

First aid training requirements for SOUTH COUNTY LL:

- Little League First Aid Awareness Training: **Recommended**
- Formal First Aid Certification: **Recommended**
- CPR Certification and AED Use Training: **Recommended**

## First Aid Kits

Accessible first aid supplies help volunteers respond quickly when an injury occurs. Keeping first aid kits stocked and easy to reach helps volunteers respond quickly during games and practices. Every team in SOUTH COUNTY LL has a first aid kit available at games and practices.

### Recommended First Aid Kit Contents:

- Adhesive bandages (various sizes)
- Sterile gauze pads and rolled gauze
- Antiseptic wipes
- Instant cold packs
- Elastic wraps
- Tweezers and disposable gloves
- Nosebleed supplies (gauze, tissues)
- Small splint or finger splint
- CPR mask or face shield
- Allergy/sting relief wipes
- Cold Packs
- Tape and scissors

**Best Practice:** Each team should receive its first aid kit at the start of the season. First aid kits should travel with the team and be kept in an easy-to-reach spot during both games and practices.

## Concussion Awareness

SOUTH COUNTY LL has confirmed that it follows required concussion training and has a protocol in place for recognizing and responding to potential head injuries during practices and games. Little League encourages all volunteers to follow the "When in doubt, sit them out" approach so players are removed from play immediately if a concussion is suspected.

### Common signs and symptoms of a possible concussion include:

- Headache or pressure in the head
- Dizziness or balance problems
- Confusion, memory issues, or appearing "out of it"
- Nausea or vomiting
- Blurred vision or sensitivity to light or noise
- Behavior that seems unusual for the player

State concussion laws vary across the country. Some apply only to school athletics, while others apply to all youth sports organizations. State-specific information can be found at: <https://www.littleleague.org/player-safety/concussions-youth-athletes/>. Your league is responsible for understanding and complying with any applicable state laws.

**Best Practice:** If a concussion is suspected, volunteers should follow these steps:

- Remove the player from play immediately
- Ensure the player is monitored by an adult
- Refer the player to a licensed health care professional for evaluation
- Do not allow return to play on the same day
- Require written medical clearance before the player resumes practices or games

## Access to Automated External Defibrillators (AED)

AEDs can play a lifesaving role during sudden cardiac emergencies, and clear access helps volunteers respond quickly when every second matters.

SOUTH COUNTY LL has reported that it has AEDs available at all league facilities.

**Best Practice:** AEDs are most effective when:

- Volunteers know the exact location of each device
- Devices are accessible during practices and games
- Batteries and pads are checked and replaced as needed
- Multiple volunteers are trained in basic AED use

State laws addressing AED access and sudden cardiac arrest (SCA) training can vary across the country. Some requirements apply only to school facilities or interscholastic athletics, while others extend to youth sports organizations or municipal fields. State-specific requirements for AEDs can be found at:

<https://www.littleleague.org/player-safety/state-laws-on-automated-external-defibrillators/>

State specific requirements for SCA training can be found at: <https://www.littleleague.org/player-safety/state-laws-on-sudden-cardiac-arrest-training/>.

Your league is responsible for understanding and complying with any applicable state laws.

**Additional information provided by your league:**

General First Aid

SCLL recommends first-aid training for coaches and managers, with at least one coach or manager from each team attending.

**First Aid & Injury Prevention Resources:**

- First Aid Kit Checklist (<https://www.littleleague.org/university/articles/first-aid-kits-an-items-list/>)
- Little League First Aid Awareness Training (<https://www.littleleague.org/university/articles/first-aid-awareness-training-course/>)
- CDC Heads Up – Concussion Resources (<https://www.cdc.gov/heads-up/>)
- State-Specific Concussion Laws (<https://www.littleleague.org/player-safety/concussions-youth-athletes/>)
- State-Specific AED Laws (<https://www.littleleague.org/player-safety/state-laws-on-automated-external-defibrillators/>)
- State-Specific SCA Training Laws (<https://www.littleleague.org/player-safety/state-laws-on-sudden-cardiac-arrest-training/>)

# EQUIPMENT SAFETY

Safe, well-maintained equipment helps prevent injuries and supports a positive playing experience. The information below reflects how playing equipment is inspected and monitored throughout the season.

## Batting Helmets

All batting helmets must be NOCSAE-certified and free of cracks, dents, or deteriorating padding.

- Helmets are inspected at the start of the season and as needed
- Damaged or ill-fitting helmets are removed from use immediately
- Non-OEM (non-manufacturer) modifications are prohibited
- Properly fitted, undamaged helmets play an important role in preventing head injuries

## Catcher's Gear

Catcher's equipment must be complete, well-maintained, and properly fitted for each player. A full set includes:

- Helmet with full face mask
- Dangling throat guard (required)
- Chest protector
- Leg guards

## Equipment Inspections

At SOUTH COUNTY LL, coach or manager carry out regular equipment inspections throughout the season. These checks help identify items that should be repaired or removed from use.

- Unsafe or excessively worn equipment should be removed immediately
- Routine inspections help ensure players are always using equipment that will keep them safe from injury

**Best Practice:** Teach players to do quick self-checks of their helmets and gear before practices and games. Helping players look for cracks, loose padding, or missing pieces builds good habits and supports a shared culture of safety.

**Additional information provided by your league:**

Player equipment may be checked by the umpire prior to each game and should be monitored by team managers and coaches throughout the season. All other equipment being used in games is subject to approval by the league board.

The League Safety Officer will also conduct periodic equipment checks.

**Bats**

All bats used will have the USA Baseball seal or approved sticker on them. Only approved bats can be used during SCLL activities. Juniors may use USA or BBCOR bats.

No bat may be altered in any way.

**Helmets**

Helmets will be worn by all players while batting. This includes during a game, practice, warming up, and any hitting drills.

The "On Deck" batter will always wear a batting helmet.

Protective helmets with a face guard should also be worn by the player at the "pitcher's" position at the T-Ball Level.

This is optional for players at the Single A level.

Softball players at the pitcher position and all infield positions are also able to wear protective facemasks.

**Catchers Gear**

Catchers, at any level, must have a complete set of catcher's gear to include:

Helmet with full face mask

Throat guard attached to helmet

Chest protector

Shin/knee/toe guards

Protective cup

Catchers must be in full gear anytime they are catching to include warming up pitchers and practice.

**Protective Cups**

All players are always encouraged to wear protective cups.

Catchers MUST wear a cup.

**Equipment Safety Resources:**

- Equipment and Facility Check-Ups (<https://www.littleleague.org/university/articles/make-regular-equipment-facility-check-ups-a-year-round-endeavor-for-your-league-or-district/>)

# FACILITY SAFETY

Safe, well-maintained facilities help create a positive experience for players, families, and volunteers. Your league has shared the steps it takes to help keep playing conditions safe throughout the season.

## Seasonal Facility Inspection

SOUTH COUNTY LL completes a thorough review of all fields and facilities at the beginning and end of each season.

This inspection helps the league:

- Identify needed repairs
- Document safety concerns
- Plan for maintenance or improvements
- Confirm that fields and common areas are ready for use

## Ongoing Facility Checks

SOUTH COUNTY LL conducts regular in-season checks to help ensure facilities remain safe and ready for play.

These checks typically look for:

- Loose or damaged fencing
- Worn or broken bases
- Slick, uneven, or poorly drained surfaces
- Broken or unstable bleachers
- Lighting or electrical concerns
- Hazards in dugouts, walkways, or spectator areas

## Field Safety

Before every game and practice, fields and dugouts should be reviewed to ensure safe playing conditions. These quick checks help volunteers:

- Spot hazards early
- Prevent injuries
- Address small issues before they become larger concerns
- Confirm that field equipment, playing surfaces, and dugout areas are safe and ready for use

At SOUTH COUNTY LL, coach or manager carry out field and dugout safety checks before games and practices.

## Annual Little League Facility Survey

Each year, leagues complete the Little League Annual Facility Survey, which records the condition of each field, identifies maintenance or safety needs, and documents key details about layout, features, and emergency equipment.

A report generated from SOUTH COUNTY LL's completed facility survey is included with this SAFE Summary.

**Best Practice:** Create a simple, shared inspection checklist for coaches and volunteers to use before games and practices. Consistent use of the same checklist helps ensure issues are spotted early and reported quickly.

**Additional information provided by your league:**

Adherence to the below rules are the responsibility of everyone involved in the league. The League Safety Officer will continually monitor use of the grounds and work with the facilities and fields manager to ensure rules are being followed.

Batting cages will remain locked when not in use by a manager or coach. Combination to locks will be given out by the League to verified managers and coaches.

Doors to batting cages MUST be closed and latched when in use. Only one batter and one coach/manager can be each cage at a time, except during ball pick-up.

All fields will have protective padding in their backstop area.

All short fences (i.e., outfield fences) will have a protective cap, painted yellow, to ensure the safety of the players.

Gates to the fields will be closed at the end of any practice, game, or any other use of the fields.

Tarps will be rolled up and covered and moved to either the 1st or 3rd base side fence.

For more information about facility safety at SOUTH COUNTY LL, or to report a concern, please contact: League Safety Officer

**Facility Safety Resources:**

- Day to Day Safety Checklist (<https://www.littleleague.org/university/articles/the-safest-little-league-experience-comes-from-doing-common-tasks/>)
- Pre-Season Facility Checkup (<https://www.littleleague.org/university/articles/conduct-a-facilities-safety-check-before-the-season-starts/>)

# CONCESSION STAND SAFETY

Concession stands add to the game day experience, but they also involve equipment, heat sources, and food handling, all of which require clear safety procedures. The information below summarizes how SOUTH COUNTY LL helps maintain a safe concession operation throughout the season.

SOUTH COUNTY LL has confirmed that its concession stand(s):

- Follow all applicable local health and safety regulations
- Provide volunteers with guidance in safe food handling and equipment use
- Maintain a working fire extinguisher that is readily available
- Keep first aid supplies in the concession stand
- Do not allow minors to work in or remain inside the concession stand during operating hours

**Best practice:** Post simple safety reminders inside the concession stand so volunteers can quickly review expectations before each shift, including:

- Handwashing steps
- Safe food temperatures
- Equipment shut-off procedures
- Location of the fire extinguisher
- Emergency contact information

## **Additional information provided by your league:**

### Concession Stand

The concession stand manager will post safe food handling and preparation procedures in the concession stand. The manager should check the fire extinguisher, and the air horn to make sure they are in good operating order or have them replaced.

The following information is intended to help run a healthful concession stand. Following these simple guidelines will help minimize the risk of food borne illness.

**Menu.** Keep your menu simple, and keep potentially hazardous foods (meats, eggs, dairy products, protein salads, cut fruits and vegetables, etc.) to a minimum. Avoid using precooked foods or leftovers. Use only foods from approved sources, avoiding foods that have been prepared at home. Complete control over your food, from source to service, is the key to safe, sanitary food service.

**Cooking.** Use a food thermometer to check on cooking and holding temperatures of potentially hazardous foods. All potentially hazardous foods should be kept at 41° F or below (if cold) or 140° for above (if hot). Ground beef and ground pork products should be cooked to an internal temperature of 155° F; poultry parts should be cooked to 165° F. Most food borne illnesses from temporary events can be traced back to lapses in temperature control.

**Reheating.** Rapidly reheat potentially hazardous foods to 165° F. Do not attempt to heat foods in crock pots, steam tables, over stereo units or other holding devices. Slow-cooking mechanisms may activate bacteria and never reach killing temperatures.

**Cooling and Cold Storage.** Foods that require refrigeration must be cooled to 41° Fast quickly as possible and held at that temperature until ready to serve. To cool foods down quickly, use an ice water bath (60% ice to 40% water), stirring the product frequently, or place the food in shallow pans no more than 4 inches in depth and refrigerate. Pans should not be stored one atop the other and lids should be off or ajar until the food is completely cooled. Check the temperature periodically to see if the food is cooling properly. Allowing hazardous foods to remain unrefrigerated for too long has been the number ONE cause of food borne illness.

**Hand Washing.** Frequent and thorough hand washing remains the first line of defense in preventing food borne disease. The use of disposable gloves can provide an additional barrier to contamination, but they are no substitute for hand washing!

**Health and Hygiene.** Only healthy workers should prepare and serve food. Anyone who shows symptoms of disease (cramps, nausea, fever, vomiting, diarrhea, jaundice, etc.) or who has open sores or infected cuts on the hands should not be allowed in the food concession area. Workers should wear clean outer garments and should not smoke in the concession area. The use of hair restraints is recommended to prevent hair ending up in food products.

**Food Handling.** Avoid hand contact with raw, ready-to-eat foods and food contact surfaces. Use an acceptable dispensing utensil to serve food. Touching food with bare hands can transfer germs to food.

**Wiping Cloths.** Rinse and store your wiping cloths in a bucket of sanitizer (example: 1 gallon of water and ½ teaspoon of chlorine bleach). Change the solution every two hours. Well-sanitized work surfaces prevent cross-contamination and discourage flies.

Ice used to cool cans/ bottles should not be used in cup beverages and should be stored separately. Use a scoop to dispense ice; never use the hands. Ice can become contaminated with bacteria and viruses and cause food-borne illness.

Food Storage and Cleanliness. Keep foods stored off the floor at least six inches. After your event is finished, clean the concession area and discard unusable food.

Dishwashing. Use disposable utensils for food service. Keep your hands away from food contact surfaces, and never reuse disposable dishware. Ideally, dishes and utensils should be washed in a four-step process:

Washing in hot soapy water;

Rinsing in clean water;

Insect Control and Waste. Keep foods covered to protect them from insects. Store pesticides away from foods. Place garbage and paper wastes in a refuse container with a tight-fitting lid. Dispose of wastewater in an approved method (do not dump it outside). All water used should be potable water from an approved source.

Chemical or heat sanitizing; and air drying.

For more information about concession stand safety at SOUTH COUNTY LL, or to report a concern, please contact: League President

**Concession Stand Safety Resources:**

- Concession Stand Safety (<https://www.littleleague.org/university/articles/concession-stand-safety-tips-12-steps-to-safe-sanitary-food-service/>)
- Concession Stand Safety Checklist (<https://www.littleleague.org/university/articles/concession-stand-inspection-checklist/>)

# TRAINING & EDUCATION

When volunteers are trained and prepared, it helps to prevent injuries, respond to emergencies, and create a positive experience for everyone involved. This section highlights the volunteer trainings that SOUTH COUNTY LL requires and encourages.

## **Abuse Awareness Training**

Little League requires all volunteers who undergo a background check to complete Abuse Awareness Training each year. SOUTH COUNTY LL confirms that all required volunteers complete Abuse Awareness Training each season.

## **Safety Awareness Training (Little League University)**

Safety Awareness Training helps volunteers understand common safety risks, recognize unsafe situations, and take proactive steps to prevent injuries.

SOUTH COUNTY LL requires Safety Awareness Training for: League Officers/Board Members, Managers and Coaches, Umpires, All Other Volunteers.

## **First Aid Awareness Training (Little League University)**

First Aid Awareness Training helps volunteers recognize injuries, respond appropriately, know when to call 911, and take steps to prevent medical emergencies.

SOUTH COUNTY LL requires First Aid Awareness Training for Managers and Coaches.

## **Diamond Leader Training (Little League University)**

Diamond Leader Training supports coaches and volunteers in creating a positive team environment focused on player well-being, sportsmanship, communication, and healthy culture.

SOUTH COUNTY LL requires Diamond Leader Training for Managers and Coaches.

## **Additional Trainings Offered or Encouraged**

SOUTH COUNTY LL has indicated that it offers or requires the following additional trainings:

- Coaching Skills & Game Fundamentals Training
- CPR Certification
- AED Use Training
- Concession Safety Training
- Emergency Response Training
- Little League Umpire Training (Little League University)

**Best practice:** Share a simple training plan at the start of the season outlining required courses, who must complete them, and suggested deadlines. Clear expectations help volunteers stay on track.

## **Additional information provided by your league:**

SCLL conducts safety training with board members, coaches and umpires prior to the start of the season.

This briefing covers abuse awareness, volunteer requirements, safety plans and protocols.

**Training and Education Resources:**

- Little League University (LLU) Trainings Overview (<https://www.littleleague.org/university/training/>)
- Little League Abuse Awareness Training (<https://www.littleleague.org/university/articles/abuse-awareness-training-course/>)
- Little League Safety Awareness Training (<https://www.littleleague.org/university/articles/safety-awareness-training-course/>)
- Little League First Aid Awareness Training (<https://www.littleleague.org/university/articles/first-aid-awareness-training-course/>)

# ACCIDENT INSURANCE & INCIDENT REPORTING

Accidents can happen at any time, and being prepared helps leagues support families and volunteers when they do. Understanding and documenting injuries ensures everyone gets the help they need and allows the league to strengthen safety practices for future seasons.

## How to Submit an Accident Claim

If a player or volunteer requires medical treatment after a league-sanctioned activity, families should follow these steps:

1. Download the Accident Claim Form from [LittleLeague.org](http://LittleLeague.org).
2. Provide the claimant's full information, including parent or guardian details if the claimant is a minor.
3. Complete all sections of the form. Missing information causes delays.
4. Include primary insurance information. If the claimant has no insurance, written employer verification is required.
5. Attach itemized medical bills that include dates of service, procedure codes, diagnosis codes, and charges.
6. For dental injuries, submit bills to the primary medical and dental insurer first, then include the insurer's Explanation of Benefits.
7. Have a league official (President, Safety Officer, etc.) complete and sign the League Statement section.
8. Completed claim forms and supporting documents must be mailed. Email and fax submissions cannot be accepted.

Questions about the claim process may be sent to [AccidentClaim@LittleLeague.org](mailto:AccidentClaim@LittleLeague.org).

## Incident Tracking

SOUTH COUNTY LL documents all injuries and incidents that occur during league activities.

- Reports are completed using the official Little League Incident Tracking Form.
- A designated league officer is responsible for collecting and reviewing each report.
- Reviewing incident information throughout the season helps the league identify trends, address hazards, and strengthen safety practices.

**Best practice:** Monitor incident reports and near-miss situations regularly during the season. Tracking both helps identify emerging patterns, field conditions, equipment problems, or other safety concerns, so the league can take proactive steps to prevent injuries and improve the overall safety of the program.

## **Additional information provided by your league:**

### Reporting Procedures

#### What to Report

An incident that causes any player, manager, coach, umpire, or volunteer to receive medical treatment and/ or first aid must be reported to the Safety Officer. This includes even passive treatments such as the evaluation and diagnosis of the extent of the injury or periods of rest. In addition, any behavior that violates the Little League Abuse Awareness guidelines must be reported immediately.

#### When to Report

All such incidents described above must be reported to the Safety Officer within 48 hours of the incident. The Safety Officer for 2026 is Derek Tate, and he can be reached at the following:

Cell: (719) 331-2285 or Email: [safety.officer@scllva.org](mailto:safety.officer@scllva.org)

#### How to Make the Report

Report incidents directly to the Safety Officer via email. At a minimum, the following information must be provided:

The name and phone number of the individual involved.

The date, time, and location of the incident.

As detailed a description of the incident as possible.

The preliminary estimation of the extent of any injuries.

The name and contact information of the person reporting the incident.

To report an incident, or for more information about filing an accident claim, please contact: League Safety Officer

#### **Accident Reporting Resources:**

- Little League Incident Tracking Form (<https://www.littleleague.org/downloads/incident-injury-tracking-form/>)
- AIG Accident Claim Form (<https://www.littleleague.org/downloads/accident-claim-form/>)
- How to File an Accident Claim (<https://www.littleleague.org/university/articles/how-to-submit-an-accident-insurance-claim/>)
- Little League Insurance Program Overview (<https://www.littleleague.org/university/articles/little-league-insurance-programs/>)

# LITTLE LEAGUE RULES & SAFETY BEST PRACTICES

Creating a safe, enjoyable playing environment begins with following Little League's official safety rules and reinforcing practices that protect players, volunteers, and families. SOUTH COUNTY LL has confirmed that it meets all required safety standards.

## Little League Safety Rules

Little League's official safety rules are designed to prevent injuries and establish consistent expectations across the program. These rules help ensure safe play during practices and games.

Leagues must enforce the following:

- On-deck batters are not permitted in the Majors Division and below
- Batters, base runners, and player base coaches must wear helmets at all times
- Catcher's gear must include a dangling throat guard
- Metal cleats are prohibited in the Majors Division and below
- Disengageable bases are required on all baseball and softball fields
- Head-first sliding while advancing is not permitted in the Majors Division and below
- Pitch count limits and required rest days must be followed in all baseball divisions
- Bats must meet current Little League standards
- Game balls must meet current Little League standards and be in good condition

## Safety Best Practices

In addition to official rules, many leagues adopt extra safety practices that strengthen routines, reinforce expectations, and create a positive environment for players, families, and volunteers.

Common safety best practices include:

- Keeping dugout and field gates closed during play
- Using a double first base on baseball and softball fields
- Reminding players not to throw equipment or swing bats near others
- Reviewing lightning and severe weather procedures with coaches and umpires
- Ensuring each team has emergency contact information available at practices and games
- Leading age-appropriate warm-ups and stretching to reduce injury risk
- Marking spectator areas clearly and keeping them separate from the field
- Encouraging volunteers, parents, and players to model sportsmanlike and respectful behavior
- Sharing safety reminders with families (emails, signage, or meetings)
- Posting safety signage in common areas (e.g., "No Climbing Fences," "Foul Ball Awareness," "AED Located Here")

## **Additional information provided by your league:**

### Player Gear

Managers should encourage all male players to wear protective athletic cups and supporters during all practices and games.

Infields are especially encouraged to wear protective athletic cups and mouthguards.

Batters must wear Little League approved batting helmets during batting practice drills and games.

Batting training aids usage are prohibited outside of the batting cage.

All team equipment should be stored within the team dugout, or behind screens, and not within the area defined by the umpires as "in play."

Equipment will regularly be inspected for the condition as well as for proper fit.

At the start of each game the lead umpire will check with both coaches to ensure all players are properly equipped.

### Bats

All Bats must comply with LL Rules in the official Little League Rule Book.

**NO BAT, IN ANY LEVEL OF LITTLE LEAGUE BASEBALL, SHOULD BE ALTERED. MANAGERS AND COACHES MUST INSPECT ALL BATS BEFORE GAMES AND PRACTICES.**

### Catchers

Catchers must always wear a catcher's helmet, mask, throat guard, long- model chest protector, shin guards, and a protective athletic cup with an athletic supporter (males) during practices and games. **NO EXCEPTIONS.**

Catchers must wear a catcher's helmet and mask with a throat guard while warming up pitchers. This applies prior to games, between innings, and during practices. Helmet and mask are also required whenever the catcher is going to be around batted balls or in the catcher's position (i.e. the catcher is in the area of a coach hitting balls for infield practice/warm-up).

### Fields

Games or practices shall not be held when weather or field conditions are not safe as determined by the umpire, manager, or coaches particularly when lighting is inadequate.

Both team managers and umpires shall walk/inspect play area before each game for holes, damage, stones, glass and other foreign objects.

Only players, managers, coaches, umpires or the Board Member on Duty are permitted on the playing field or in the dugout during games.

Responsibility for keeping bats and loose equipment off the field of play should be that of a player assigned for this purpose or the team's manager and coaches.

During sliding practice, bases should not be strapped down or anchored.

## Coaches and Managers

SCLL Coaches training will be held in March, before the start of the season practices and these safety protocols will be discussed.

Managers, coaches, and umpires should have training in first-aid. First-Aid Kits will be available at the field.

No games or practice should be held when weather or field conditions are not good, particularly when lighting is inadequate.

Play area should be inspected frequently for holes, damage, glass, and other foreign objects. The Board Member on Duty should be notified immediately of field issues.

Only players, managers, coaches, and umpires are permitted on the playing field during play and practice sessions.

Responsibility for keeping bats and loose equipment off the field of play should be that of a regular player assigned for this purpose.

Coaches will establish procedures for retrieving foul balls batted out of the playing area.

During practice sessions and games, all players should be alert and watching the batter on each pitch.

During warm up drills, players should be spaced so that no one is endangered by errant balls.

Equipment should be inspected regularly. Make sure it fits properly.

Pitching machines, if used, must be in good working order (including extension cords, outlets, etc.) and must be operated only by adult managers and coaches.

Batters must wear protective NOCSAE helmets during practice, as well as during games.

Catchers must wear a catcher's helmet (with face mask and throat guard), chest protector, and shin guards. Male catchers must wear a protective supporter and cup at all times.

Except when a runner is returning to a base, head first slides are not permitted. This applies only to Little League (Majors), Minor League, and Tee Ball.

During sliding practice bases should not be strapped down.

At no time should "horse play" be permitted on the playing field.

Parents of players who wear glasses should be encouraged to provide "Safety Glasses."

Players must not wear watches, rings, pins, jewelry, hard cosmetic, or hard decorative items.

Catchers must wear a catcher's helmet, face mask, and throat guard in warming up pitchers. This applies between innings and in bullpen practice. Skull caps are not permitted.

Batting/catcher's helmets should not be painted unless approved by the manufacturer.

Regulations prohibit on-deck batters. This means no player should handle a bat, even while in an enclosure, until it is his/her time at bat. This applies only to Little League (Majors), Minor League, and Tee Ball.

Players who are ejected, ill, or injured should remain under supervision until released to the parent or guardian.

All pre-game warm-ups should be performed within the confines of the playing field and not within areas that are frequented, and thus endanger spectators (i.e., playing catch, pepper, swinging bats, etc.).

Properly space players during warm-up drills to prevent injuries from wild throws or missed catches.

#### Players and Parents

During practice and games, all players should be alert and watch the batter on each pitch.

Except when a runner is returning to a base, headfirst slides are not permitted (except for Juniors and Seniors Divisions).

Parents of players who wear glasses should be encouraged to provide "safety glasses."

No jewelry is allowed. The player must not wear watches, rings, pins, or metallic items during games and practices.

On-deck batters are prohibited (except in Juniors, Intermediates and Seniors Division).

#### Code of Conduct

All Players, coaches, volunteers, and participants in SCLL and visitors to SCLL Complex (Lower Potomac Park) will adhere to the SCLL CODE OF CONDUCT.

Obey the 5 mph Speed Limit in roadways and parking lots while attending any SCLL function; watch for small children around parked cars.

Use crosswalks when crossing roadways. Always be alert for traffic.

No alcohol allowed in any parking lot, field, or common areas within a SCLL complex.

Smoking, vaping or drugs are strictly prohibited within the SCLL complex.

No playing in parking lots at any time.

No playing on and around lawn equipment.

No profanity.

No swinging bats or throwing baseballs at any time within the walkways and common areas of a SCLL complex.

No throwing balls against dugouts or the backstop.

Only a player on the field and at-bat may swing a bat (Age 5 - 12). Juniors, Intermediates, and Seniors on the field at bat, or on deck, may swing a bat. Be alert of the area around you when swinging a bat while in the on-deck position.

During the game, the batting team players must remain in the dugout area protected by the fence.

No throwing rocks.

No horseplay in walkways at any time.

No climbing the outfield or any fences around the Lower Potomac Field complex.

Observe all posted signs. Players and spectators should always be alert for foul balls and errant throws.

After each game, each team must clean up trash in the dugout and around stands.

All gates to the field must always remain closed. Close and secure all gates after players have entered or left the playing field.

No children under the age of 13 are permitted in the concession stand.

## **2026 FACILITY SURVEY REPORT**

This report provides an overview of the information submitted by SOUTH COUNTY LL through the Little League Annual Facility Survey. The survey helps document the condition of each field, identify safety or maintenance needs, and track important facility details such as fencing, bleachers, lighting, emergency equipment, and field use.

The information in this summary reflects the league's responses for each field and is intended to support planning, safety awareness, and ongoing facility improvements throughout the season.

# HALEY ELEMENTARY – FIELD 1

8850 Cross Chase Circle  
Fairfax Station, VA 22039

Facility survey last updated 1/7/2026

## Field Dimensions

Left Field	Center Field	Right Field	Backstop	Outfield Fence Height
0 ft.	0 ft.	0 ft.	0 ft.	0 ft.

## Left Field Foul Territory

Home Plate	Third Base	Foul Pole
10 ft.	20 ft.	20 ft.

## Right Field Foul Territory

Home Plate	First Base	Foul Pole
10 ft.	20 ft.	20 ft.

## General Details

<b>Parking Capacity</b>	1-50
<b>Bleacher Capacity</b>	1-100
<b>Ownership</b>	School
<b>Maintenance Responsibility</b>	School

## Emergency Equipment

<b>Safety Features</b>	Disengageable bases
<b>Emergency Equipment Available</b>	First aid kit

## Field and Playing Area

<b>Field is Fenced</b>	No
<b>Fence Material</b>	No fence
<b>Basepath Material</b>	Soil
<b>Baseline Marking Material</b>	None lined. County controlled field.
<b>Infield Surface</b>	All-dirt or clay infield
<b>Playing Features</b>	Backstop

## Lighting

<b>Lights Installed</b>	No
<b>Pole Type</b>	
<b>Underground Wiring</b>	
<b>Light Poles Grounded</b>	
<b>Date Electrical System Last Inspected</b>	
<b>Date Light Levels Last Tested</b>	
<b>Light Levels Meet Little League Standards</b>	

## Field Usage

<b>Field Used for Tournament Play</b>	No
<b>Scheduling Limitations</b>	Limited time allowed for practices, Restrictions on the number of teams or games scheduled, School or municipal policies that impact scheduling

## Bleachers

<b>Material</b>	Metal
<b>Annual Inspection</b>	✓
<b>Safety Railing</b>	✓
<b>Handrails</b>	✓
<b>Overhead Screens</b>	

# HALEY ELEMENTARY – FIELD 2

8850 Cross Chase Circle  
Fairfax Station, VA 22039

Facility survey last updated 1/7/2026

## Field Dimensions

Left Field	Center Field	Right Field	Backstop	Outfield Fence Height
200 ft.	200 ft.	200 ft.	20 ft.	4 ft.

## Left Field Foul Territory

Home Plate	Third Base	Foul Pole
0 ft.	0 ft.	0 ft.

## Right Field Foul Territory

Home Plate	First Base	Foul Pole
0 ft.	0 ft.	0 ft.

## General Details

<b>Parking Capacity</b>	1-50
<b>Bleacher Capacity</b>	None/NA
<b>Ownership</b>	School
<b>Maintenance Responsibility</b>	School

## Emergency Equipment

<b>Safety Features</b>	Disengageable bases
<b>Emergency Equipment Available</b>	First aid kit

## Field and Playing Area

<b>Field is Fenced</b>	No
<b>Fence Material</b>	Chain-link
<b>Basepath Material</b>	Soil
<b>Baseline Marking Material</b>	None lined. County controlled field.
<b>Infield Surface</b>	Grass
<b>Playing Features</b>	Permanent pitching mound, Backstop

## Lighting

<b>Lights Installed</b>	No
<b>Pole Type</b>	
<b>Underground Wiring</b>	
<b>Light Poles Grounded</b>	
<b>Date Electrical System Last Inspected</b>	
<b>Date Light Levels Last Tested</b>	
<b>Light Levels Meet Little League Standards</b>	

## Field Usage

<b>Field Used for Tournament Play</b>	No
<b>Scheduling Limitations</b>	Limited time allowed for practices, Restrictions on the number of teams or games scheduled, School or municipal policies that impact scheduling

## Bleachers

<b>Material</b>	Metal
<b>Annual Inspection</b>	
<b>Safety Railing</b>	
<b>Handrails</b>	
<b>Overhead Screens</b>	

# LAUREL HILL ELEMENTARY

8390 Laurel Crest Dr.  
Lorton, VA 22079

Facility survey last updated 1/7/2026

## Field Dimensions

Left Field	Center Field	Right Field	Backstop	Outfield Fence Height
0 ft.	0 ft.	0 ft.	20 ft.	0 ft.

## Left Field Foul Territory

Home Plate	Third Base	Foul Pole
0 ft.	0 ft.	0 ft.

## Right Field Foul Territory

Home Plate	First Base	Foul Pole
0 ft.	0 ft.	0 ft.

## General Details

<b>Parking Capacity</b>	1-50
<b>Bleacher Capacity</b>	None/NA
<b>Ownership</b>	School
<b>Maintenance Responsibility</b>	School

## Emergency Equipment

<b>Safety Features</b>	Disengageable bases
<b>Emergency Equipment Available</b>	First aid kit

## Field and Playing Area

<b>Field is Fenced</b>	No
<b>Fence Material</b>	No fence
<b>Basepath Material</b>	Soil
<b>Baseline Marking Material</b>	None lined. County controlled field.
<b>Infield Surface</b>	All-dirt or clay infield
<b>Playing Features</b>	Backstop

## Lighting

<b>Lights Installed</b>	No
<b>Pole Type</b>	
<b>Underground Wiring</b>	
<b>Light Poles Grounded</b>	
<b>Date Electrical System Last Inspected</b>	
<b>Date Light Levels Last Tested</b>	
<b>Light Levels Meet Little League Standards</b>	

## Field Usage

<b>Field Used for Tournament Play</b>	No
<b>Scheduling Limitations</b>	Limited time allowed for practices, Restrictions on the number of teams or games scheduled, School or municipal policies that impact scheduling

## Bleachers

<b>Material</b>	None.
<b>Annual Inspection</b>	
<b>Safety Railing</b>	
<b>Handrails</b>	
<b>Overhead Screens</b>	

# LOWER POTOMAC 1

Lower South Park  
Dutchman Dr.  
Lorton, VA 22079

Facility survey last updated 3/5/2026

## Field Dimensions

Left Field	Center Field	Right Field	Backstop	Outfield Fence Height
225 ft.	225 ft.	225 ft.	25 ft.	4 ft.

## Left Field Foul Territory

Home Plate	Third Base	Foul Pole
25 ft.	25 ft.	225 ft.

## Right Field Foul Territory

Home Plate	First Base	Foul Pole
25 ft.	25 ft.	225 ft.

## General Details

<b>Parking Capacity</b>	1-50
<b>Bleacher Capacity</b>	1-100
<b>Ownership</b>	Municipality
<b>Maintenance Responsibility</b>	League

## Emergency Equipment

<b>Safety Features</b>	Outfield warning track, Pitcher's eye, Dugout fencing, Bullpen, Disengageable bases, Double first base, Outfield fence bumper
<b>Emergency Equipment Available</b>	AED (Automated External Defibrillator), First aid kit, Fire extinguisher, Weather shelter/safe area

## Field and Playing Area

<b>Field is Fenced</b>	Permanent
<b>Fence Material</b>	Chain-link
<b>Basepath Material</b>	Soil
<b>Baseline Marking Material</b>	Lime
<b>Infield Surface</b>	All-dirt or clay infield
<b>Playing Features</b>	Portable pitching mound, Foul poles, Backstop

## Lighting

<b>Lights Installed</b>	No
<b>Pole Type</b>	
<b>Underground Wiring</b>	
<b>Light Poles Grounded</b>	
<b>Date Electrical System Last Inspected</b>	
<b>Date Light Levels Last Tested</b>	
<b>Light Levels Meet Little League Standards</b>	

## Field Usage

<b>Field Used for Tournament Play</b>	Yes
<b>Scheduling Limitations</b>	Limited time allowed for practices, Restrictions on the number of teams or games scheduled, School

## Bleachers

<b>Material</b>	Metal
<b>Annual Inspection</b>	<input checked="" type="checkbox"/>
<b>Safety Railing</b>	<input checked="" type="checkbox"/>
<b>Handrails</b>	<input checked="" type="checkbox"/>

or municipal policies that impact scheduling

**Overhead Screens**

# LOWER POTOMAC 2

Lower South Park  
Dutchman Dr.  
Lorton, VA 22079

Facility survey last updated 3/5/2026

## Field Dimensions

Left Field	Center Field	Right Field	Backstop	Outfield Fence Height
200 ft.	200 ft.	200 ft.	20 ft.	4 ft.

## Left Field Foul Territory

Home Plate	Third Base	Foul Pole
25 ft.	25 ft.	25 ft.

## Right Field Foul Territory

Home Plate	First Base	Foul Pole
25 ft.	25 ft.	25 ft.

## General Details

<b>Parking Capacity</b>	1-50
<b>Bleacher Capacity</b>	1-100
<b>Ownership</b>	Municipality
<b>Maintenance Responsibility</b>	League

## Emergency Equipment

<b>Safety Features</b>	Outfield warning track, Batter's eye, Dugout fencing, Bullpen, Disengageable bases, Double first base, Outfield fence bumper
<b>Emergency Equipment Available</b>	AED (Automated External Defibrillator), First aid kit, Fire extinguisher, Weather shelter/safe area

## Field and Playing Area

<b>Field is Fenced</b>	Permanent
<b>Fence Material</b>	Chain-link
<b>Basepath Material</b>	Soil
<b>Baseline Marking Material</b>	Lime
<b>Infield Surface</b>	All-dirt or clay infield
<b>Playing Features</b>	Portable pitching mound, Foul poles, Backstop

## Lighting

<b>Lights Installed</b>	No
<b>Pole Type</b>	
<b>Underground Wiring</b>	
<b>Light Poles Grounded</b>	
<b>Date Electrical System Last Inspected</b>	
<b>Date Light Levels Last Tested</b>	
<b>Light Levels Meet Little League Standards</b>	

## Field Usage

<b>Field Used for Tournament Play</b>	Yes
<b>Scheduling Limitations</b>	Limited time allowed for practices, Restrictions on the number of teams or games scheduled, School

## Bleachers

<b>Material</b>	Metal
<b>Annual Inspection</b>	<input checked="" type="checkbox"/>
<b>Safety Railing</b>	<input checked="" type="checkbox"/>
<b>Handrails</b>	<input checked="" type="checkbox"/>

or municipal policies that impact scheduling

**Overhead Screens**

# LOWER POTOMAC 3

Lower South Park  
Dutchman Dr.  
Lorton, VA 22079

Facility survey last updated 3/5/2026

## Field Dimensions

Left Field	Center Field	Right Field	Backstop	Outfield Fence Height
300 ft.	300 ft.	300 ft.	30 ft.	8 ft.

## Left Field Foul Territory

Home Plate	Third Base	Foul Pole
25 ft.	25 ft.	25 ft.

## Right Field Foul Territory

Home Plate	First Base	Foul Pole
25 ft.	25 ft.	25 ft.

## General Details

<b>Parking Capacity</b>	51-100
<b>Bleacher Capacity</b>	1-100
<b>Ownership</b>	Municipality
<b>Maintenance Responsibility</b>	League

## Emergency Equipment

<b>Safety Features</b>	Outfield warning track, Dugout fencing, Bullpen, Disengageable bases, Double first base
<b>Emergency Equipment Available</b>	First aid kit

## Field and Playing Area

<b>Field is Fenced</b>	Permanent
<b>Fence Material</b>	Chain-link
<b>Basepath Material</b>	Soil
<b>Baseline Marking Material</b>	Lime
<b>Infield Surface</b>	All-dirt or clay infield
<b>Playing Features</b>	Permanent pitching mound, Foul poles, Backstop

## Lighting

<b>Lights Installed</b>	No
<b>Pole Type</b>	
<b>Underground Wiring</b>	
<b>Light Poles Grounded</b>	
<b>Date Electrical System Last Inspected</b>	
<b>Date Light Levels Last Tested</b>	
<b>Light Levels Meet Little League Standards</b>	

## Field Usage

<b>Field Used for Tournament Play</b>	No
---------------------------------------	----

## Bleachers

<b>Material</b>	Metal
<b>Annual Inspection</b>	✓
<b>Safety Railing</b>	✓
<b>Handrails</b>	✓
<b>Overhead Screens</b>	

**Scheduling  
Limitations**

Limited time allowed for practices, Restrictions on the number of teams or games scheduled, School or municipal policies that impact scheduling

# LOWER POTOMAC 4

Lower South Park  
Dutchman Dr.  
Lorton, VA 22079

Facility survey last updated 3/5/2026

## Field Dimensions

Left Field	Center Field	Right Field	Backstop	Outfield Fence Height
125 ft.	175 ft.	125 ft.	15 ft.	4 ft.

## Left Field Foul Territory

Home Plate	Third Base	Foul Pole
35 ft.	35 ft.	35 ft.

## Right Field Foul Territory

Home Plate	First Base	Foul Pole
35 ft.	35 ft.	35 ft.

## General Details

<b>Parking Capacity</b>	51-100
<b>Bleacher Capacity</b>	1-100
<b>Ownership</b>	League
<b>Maintenance Responsibility</b>	League

## Emergency Equipment

<b>Safety Features</b>	Dugout fencing, Disengageable bases, Double first base, Outfield fence bumper
<b>Emergency Equipment Available</b>	AED (Automated External Defibrillator), First aid kit, Fire extinguisher, Weather shelter/safe area

## Field and Playing Area

<b>Field is Fenced</b>	Permanent
<b>Fence Material</b>	Chain-link
<b>Basepath Material</b>	Soil
<b>Baseline Marking Material</b>	Lime
<b>Infield Surface</b>	Grass
<b>Playing Features</b>	Foul poles, Backstop

## Lighting

<b>Lights Installed</b>	No
<b>Pole Type</b>	
<b>Underground Wiring</b>	
<b>Light Poles Grounded</b>	
<b>Date Electrical System Last Inspected</b>	
<b>Date Light Levels Last Tested</b>	
<b>Light Levels Meet Little League Standards</b>	

## Field Usage

<b>Field Used for Tournament Play</b>	No
<b>Scheduling Limitations</b>	Limited time allowed for practices, Restrictions on the number of teams or games scheduled, School

## Bleachers

<b>Material</b>	Metal
<b>Annual Inspection</b>	<input checked="" type="checkbox"/>
<b>Safety Railing</b>	<input checked="" type="checkbox"/>
<b>Handrails</b>	<input checked="" type="checkbox"/>
<b>Overhead Screens</b>	

or municipal policies that impact  
scheduling

# LOWER POTOMAC 5

Lower South Park  
Dutchman Dr.  
Lorton, VA 22079

Facility survey last updated 3/5/2026

## Field Dimensions

Left Field	Center Field	Right Field	Backstop	Outfield Fence Height
225 ft.	225 ft.	225 ft.	20 ft.	4 ft.

## Left Field Foul Territory

Home Plate	Third Base	Foul Pole
20 ft.	20 ft.	30 ft.

## Right Field Foul Territory

Home Plate	First Base	Foul Pole
20 ft.	20 ft.	20 ft.

## General Details

<b>Parking Capacity</b>	51-100
<b>Bleacher Capacity</b>	1-100
<b>Ownership</b>	League
<b>Maintenance Responsibility</b>	League

## Emergency Equipment

<b>Safety Features</b>	Outfield warning track, Batter's eye, Pitcher's eye, Dugout fencing, Bullpen, Disengageable bases, Double first base
<b>Emergency Equipment Available</b>	AED (Automated External Defibrillator), First aid kit

## Field and Playing Area

<b>Field is Fenced</b>	Permanent
<b>Fence Material</b>	Chain-link
<b>Basepath Material</b>	Soil
<b>Baseline Marking Material</b>	Lime
<b>Infield Surface</b>	Grass
<b>Playing Features</b>	Portable pitching mound, Foul poles, Backstop

## Lighting

<b>Lights Installed</b>	No
<b>Pole Type</b>	
<b>Underground Wiring</b>	
<b>Light Poles Grounded</b>	
<b>Date Electrical System Last Inspected</b>	
<b>Date Light Levels Last Tested</b>	
<b>Light Levels Meet Little League Standards</b>	

## Field Usage

<b>Field Used for Tournament Play</b>	No
<b>Scheduling Limitations</b>	Limited time allowed for practices, Restrictions on the number of teams or games scheduled, School

## Bleachers

<b>Material</b>	Metal
<b>Annual Inspection</b>	✓
<b>Safety Railing</b>	✓
<b>Handrails</b>	✓
<b>Overhead Screens</b>	

or municipal policies that impact  
scheduling

# POHICK ESTATES

7450 Pollen St  
Lorton, VA 22079

Facility survey last updated 3/5/2026

## Field Dimensions

Left Field	Center Field	Right Field	Backstop	Outfield Fence Height
0 ft.	0 ft.	0 ft.	20 ft.	0 ft.

## Left Field Foul Territory

Home Plate	Third Base	Foul Pole
25 ft.	25 ft.	25 ft.

## Right Field Foul Territory

Home Plate	First Base	Foul Pole
25 ft.	25 ft.	25 ft.

## General Details

<b>Parking Capacity</b>	1-50
<b>Bleacher Capacity</b>	None/NA
<b>Ownership</b>	Municipality
<b>Maintenance Responsibility</b>	Municipality

## Emergency Equipment

<b>Safety Features</b>	Dugout fencing
<b>Emergency Equipment Available</b>	First aid kit

## Field and Playing Area

<b>Field is Fenced</b>	No
<b>Fence Material</b>	No fence
<b>Basepath Material</b>	Soil
<b>Baseline Marking Material</b>	Lime
<b>Infield Surface</b>	All-dirt or clay infield
<b>Playing Features</b>	Backstop

## Lighting

<b>Lights Installed</b>	No
<b>Pole Type</b>	
<b>Underground Wiring</b>	
<b>Light Poles Grounded</b>	
<b>Date Electrical System Last Inspected</b>	
<b>Date Light Levels Last Tested</b>	
<b>Light Levels Meet Little League Standards</b>	

## Field Usage

<b>Field Used for Tournament Play</b>	No
<b>Scheduling Limitations</b>	Limited time allowed for practices,Restrictions on the number of teams or games scheduled,School or municipal policies that impact scheduling

## Bleachers

<b>Material</b>	No bleachers
<b>Annual Inspection</b>	
<b>Safety Railing</b>	
<b>Handrails</b>	
<b>Overhead Screens</b>	